## **BBC LEARNING ENGLISH**

## The Race 9: Phil's video diary



NB: This is not a word-for-word transcript

## Phil

Here I am again. We've set sail again and, look, they've officially made me captain! And do you like this? I bought us all Polynesian shirts when we stopped in Tahiti.

Well, it's been quite an adventure so far and thanks to Passepartout I seemed to have learned a lot about sailing. In fact it's been plain sailing – that means making smooth and easy progress.

Sometimes we've been all at sea – meaning in a state of confusion and disorder. But I've got to know the ropes – I mean: I've learnt how to do to things properly. Everything seems shipshape now – that's in good order.

I can't wait to get to my local pub back in London where I'll be three sheets to the wind – you know what that means don't you?! I might have a little drink now.